



# You're Invited! Join Our Free Online Extended Antenatal Offer in Enfield

**Where:** Online (Teams)

**When:** Every 6-8 weekly sessions – dates/times shared upon sign-up

**Who:** Pregnant mothers (partners welcome too!)

**What:**

- To know about the Family Hub Services
- Learn about your birth, feeding, bonding and baby development
- Get support for your wellbeing and confidence

**It's free, fun and all about YOU and your baby.**

To book your place  
please scan here



In partnership with:

