

Monday 11 May 2026

Dear parents,

### **Teaching of Relationships and Sex Education (RSE) in Summer 2**

As part of your child's education at Grange Park, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme, which includes the teaching of Relationships and Sex Education (RSE).

To review how Relationships and Sex Education is implemented at Grange Park, including examples of learning and information about the curriculum, please review the slides from our previous parent workshop [here](#).

Next half term (Summer 2), your child will be participating in the 'Changing Me' topic, which teaches Relationships and Sex Education objectives. Below is a short overview.

#### **Year 6 objectives**

- Understand that sexual intercourse can lead to conception and that is how babies are usually made. Understand that sometimes people need IVF to help them have a baby.
- Aware of my own self-image and how my body image fits into that.
- Explain how girls' and boys' bodies change during puberty and understand the importance of looking after myself physically and emotionally.
- Describe how a baby develops from conception through the nine months of pregnancy, and how it is born.
- I understand how being physically attracted to someone changes the nature of the relationship and what that might mean about having a girlfriend/boyfriend.

As per the previous parental engagement, parents wishing to request to withdraw their child from sessions, which are in addition to compulsory elements of Sex Education in the Science National Curriculum, are asked to contact the school to discuss this further.

Thank you for your continued support. Please do contact me if you have any questions.

Kind regards

Rebecca Neale  
**Deputy Headteacher**