

Dear Parents

We are very excited that Year 5 will be experiencing a Forest School session in the Spring term. The children will continue to develop the skills they learnt during their previous Forest school sessions last year.

Forest School sessions will take place on the following dates:

Mercury: Friday 9th January

Jupiter: Friday 16th January

Saturn Friday 23rd January

Neptune: Friday 30th January



Forest School encourages children to explore the outdoors while developing skills of independence, language and communication, problem solving, decision making, raising self-esteem and managing risk through small achievable tasks.

The Forest School sessions will be led by Tim Brooker, and will take place within the school grounds.

To find out more about the Forest School ethos and why we feel it is such a great opportunity for our children at Grange Park please click the link [Forest School information slides](#)

Children come into school wearing their Forest School clothes for the day. They will be attending the session in all weather conditions, as long as it is safe to do so.

For you to help prepare your child for their Forest School session, here is a list of clothing they will need. **They will also need a spare set of clothing, and shoes, in case they need to change.**

- Long sleeved top (old)
- Jumper (Old)
- Jogging bottoms/leggings (old)
- Wellington boots (old to wear in Forest school)
- Trainers (to wear during break times and inside the school)
- Waterproof coat
- Socks (old)
- Warm winter hat (old)/ Summer hat (Weather dependent)
- Gloves (Weather dependent)
- Water bottle (named)

We look forward to sharing this exciting enrichment opportunity with the children!

Kind regards
Chloe Goldsmith
Forest School Lead