

1 October 2025

Dear Parents

To continue ensuring the safety and wellbeing of all our children, we are writing to let you know about an important update to our snack time routine.

As you know, we provide a daily healthy snack for all children through the government's Fruit and Vegetable Scheme. We also know that many of you have been kindly sending in an additional snack from home.

After careful consideration of the updated *Safer Eating Guidance for Early Years*, we have decided to simplify our approach to guarantee consistency and safety for everyone.

We will be asking that you no longer send in snacks from home. The children will enjoy the single, healthy snack provided by us from the government scheme.

This change will help us to consistently reduce choking risks and ensure every child receives a healthy and suitable snack.

We hope this also helps to make your mornings a little bit easier!

Thank you for your wonderful support in helping us implement this important safety measure.

Kind regards

Verity Over
EYFS Lead