

Year 1 Autumn 1: Exploring Pulse and Tempo: Feel the Beat

Key Skills	Key Vocabulary	Key Composers	Musical Genres
Pitch Discrimination: Identifying, exploring, and differentiating between high and low pitches. Pitch-Matching: Matching voice pitch accurately to songs and vocal cues. Notation & Hand Signs: Reading dot notation with visual symbols and using hand signs/singing names (so, mi, re, do). Pulse Awareness: Feeling, tapping, and playing a steady pulse or beat. Rhythm & Ostinato: Differentiating rhythm from pulse and playing repeating patterns. Internalisation: Using 'thinking voices' to internalise pitches and lyrics. Movement to Music: Translating pitch elevation and pulse speed through physical actions. Aural Differentiation: Distinguishing between individual instrument sounds.	Pitch: The height of a note; how high or low a note sounds in a melody. Pulse: The steady, constant heartbeat of a piece of music. Rhythm: Long and short sounds grouped together; the pattern of words in a song. Ostinato: A repeating musical pattern (rhythm or melody). Call & Response: A structure where a leader plays or sings a musical cue and the group replies. Dot Notation: Visual symbols/dots used to show relative note pitch heights. Thinking Voice: Singing or hearing the musical pitch silently inside your head. Tempo: The speed of the music (e.g., fast or slow).	Wolfgang Amadeus Mozart: Classical composer of <i>Turkish March</i>. Peter Warlock: British composer of <i>Mattachins</i> from <i>Capriol Suite</i>. 	Classical Music: Orchestral and instrumental compositions used for guided listening and movement. Traditional & Educational Songs: Action songs, game songs, and call-and-response tracks

Instruments & Equipment

Tuned Instruments: Glockenspiel, Piano, Recorder, Ukulele, Violin.

Untuned Percussion: Drums, Tambourines, Claves, Beaters/Drumsticks, Maracas, Assorted classroom percussion.

Voice: Vocal expression using talking, whispering, singing, and thinking voices.

Movement Props: Scarves, Lycra Pond, Giant Scrunchie, Heart Sponge (for tracking beat/notation).

