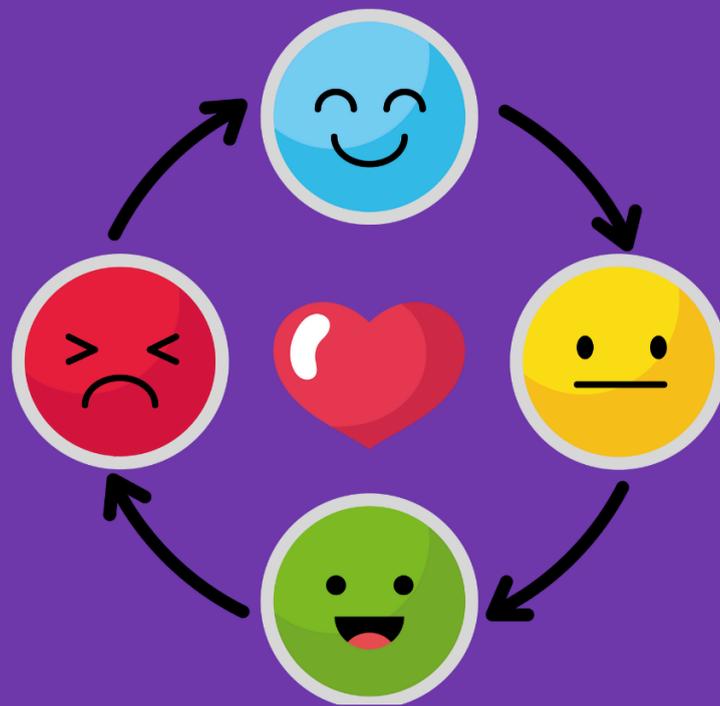




Grange Park
Primary School

Zones of Regulation Workshop



Join our Zones of Regulation Workshop for parents and caregivers. Discover practical strategies to help your child navigate their emotions and develop lifelong self-regulation skills.

9am on
Thursday 29th January 2026
In the Round Hall