



Tuesday 4 November 2025

Dear Parents and Carers,

On **Friday 14 November** we will be supporting **BBC Children in Need** with a special **“Challenge Yourself Day”**. This year, the charity is asking the UK to *challenge themselves to help make a difference when it's needed most*.

Right now, Children in Need is only able to fund **1 in 6 projects** that apply for support. With our help, they can reach even more children and families across the UK who need someone to make life a little lighter. Together, we can help change lives.

On this day, in exchange for a suggested donation of £1, pupils are invited to *“Challenge themselves”* by coming to school **dressed as someone who inspires them** or as **someone they would like to be when they are older**.

This could be:

- A job or role they aspire to (e.g. doctor, firefighter, artist, engineer, teacher, athlete)
- A real-life role model who has overcome challenges (e.g. Malala Yousafzai, Marcus Rashford, David Attenborough)
- Or even someone from their own life who inspires them (a parent, grandparent, community hero, etc.)

Costumes do **not** need to be shop-bought — we encourage creativity, imagination, and using things you already have at home! The donations should be sent in with pupils and handed to class teachers or School Parliament at the start of the day or donations can be made directly to our [online BBC Children in Need fundraising page](#).

As always, we appreciate your support so let's all get involved again for this great charitable cause!

Best wishes

Tijen Hassan
Headteacher