

Monday 11 May 2026

Dear parents,

### **Teaching of Relationships and Sex Education (RSE) in Summer 2**

As part of your child's education at Grange Park, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme, which includes the teaching of Relationships and Sex Education (RSE).

To review how Relationships and Sex Education is implemented at Grange Park, including examples of learning and information about the curriculum, please review the slides from our previous parent workshop [here](#).

Next half term (Summer 2), your child will be participating in the 'Changing Me' topic, which teaches Relationships and Sex Education objectives. Below is a short overview.

#### **Year 3 objectives**

- Understand that in animals and humans lots of changes happen between conception and growing up, and that usually it is the female who has the baby.
- Understand how babies grow and develop in the mother's uterus and understand what a baby needs to live and grow.
- Start to recognise stereotypical ideas I might have about parenting and family roles.

Thank you for your continued support. Please do contact me if you have any questions.

Kind regards

Rebecca Neale  
**Deputy Headteacher**