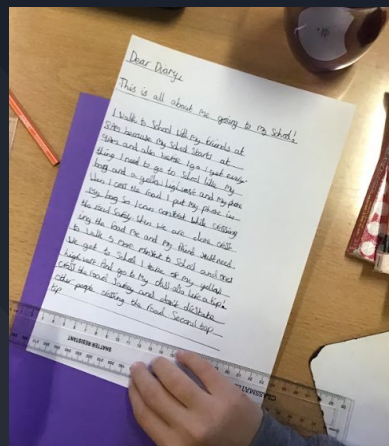


<https://www.youtube.com/watch?v=-b4Bjxrlp8o&t=4s>

Road Safety Week 2022

By the JTA's



What is Road
Safety Week?

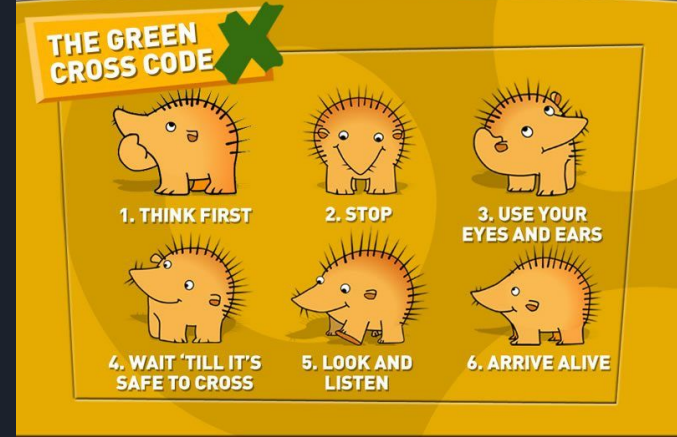


The Green Cross Code

- Always find a safe place to cross, then Stop
- Stand on the pavement but not too close to the road
- Look and listen in all directions for any traffic
- Cross when there is no traffic and there is enough time to get to the other side. If you are not sure don't cross!
- Keep looking and listening for traffic when you cross. Don't run!
- Now watch this video

<https://www.youtube.com/watch?v=pl4Ye4EZo00>

Remember! Stop, Look, Listen, Think!



Did you know?

- ▶ 69% of Enfield's pupils live within 1 mile of their school!
- ▶ It only takes 20 minutes to walk 1 mile, or 6 minutes to cycle!
- ▶ You are exposed to cleaner air when walking and cycling compared to when riding in a car!

If you need help with learning to ride, contact healthystreets@enfield.gov.uk for advice.



Why Active Travel?

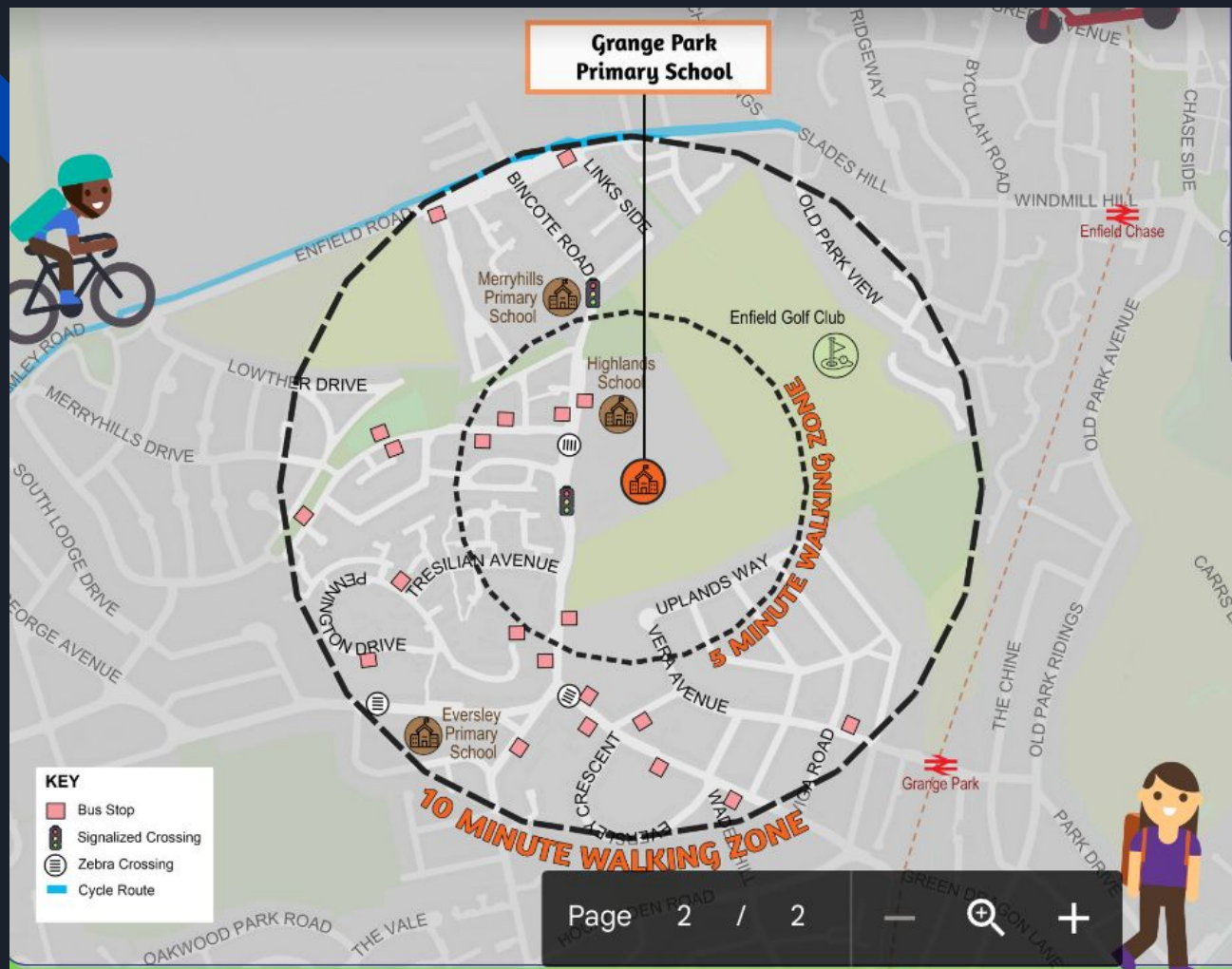
Actively travelling to school is more fun than riding in a car, it helps you reach your daily exercise goal of 60 minutes and helps you concentrate better at school. Walking, scooting or cycling your journey also improves your road safety awareness, and helps you become confident to travel independently.

Walking is simple, free and a great way to exercise.

Getting to

Grange Park Primary School





Here is a wheeling map of our school. It is showing you how you can travel to school in an active way.

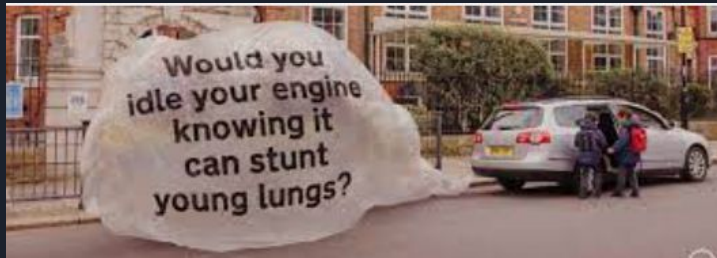
Find your route and give it a go.

Facts & Figures

- ▶ 25% of traffic during rush hour in London can be attributed to the school run, however the majority of primary school children live within 1km of their school.
- ▶ By switching from the car to walking or cycling, there would be a huge reduction in congestion and pollution during peak hours.
- ▶ 30 minutes of activity 5 days a week can help reduce the chances of developing several major illnesses,

IDLING

Imagine this, you are waiting in your car **WITH THE ENGINE ON** for over ten minutes. This produces 690 grams of CO₂ ! Crazy right? Unbelievably, this is 300 milligrams of fuel! This unhealthy amount of waiting with the engine on is called idling. Idling is very **VERY** bad. Carbon dioxide and other fossil fuels are increasing global warming, this is a serious problem and is very dangerous.



Park and Stride



Old
Grammarians



Sainsbury's

Sainsburys

If your house is far away or you can't actively travel to school, then you can Park and Stride. Park and Stride is parking in a place like Old Grammarians car park or Sainsburys and then walking the rest of the way. This is a better solution than parking on the roundabout by Highlands which is very unsafe and you may block Highland pupils from accessing the main gate. **We need more children to actively travel to school or park and stride.**

Different Ways to travel



1. You could Walk! Walking is much better for the environment and is great for your health too!
2. You could Cycle! Cycling is quicker than walking and is amazing for the environment too!
3. You could also Scoot or Skate as well as Parking and Striding.



Where is not safe to park or drop off/pick up?



Where is safe to park or drop off/pick up?



Old Grammarians car park



On the side of the road where there are no lines

