

# TAEKWONDO ENRICHMENT CLUB

Monday's 3.30-4.30pm, Starting April

Classes are just £7 per lesson, payable per term in advance of the first lesson.

The class fills up quickly, so it's first come, first served

Taekwondo is perfect for developing Self Esteem, Courtesy, Respect, Discipline and teaching Fitness and Self Defence

Instructor Mr Richard Newcombe is a 3<sup>rd</sup> Degree Black Belt with over 25 years teaching experience and has taught over 100 Black Belts and many British Champions



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