

Supporting Your Child's Transition to Secondary School



- Key Information for Parents & Carers
- Opportunity to ask questions about transitioning your child to secondary school
- To help you feel more relaxed and prepared for what's to come.

The Journey to and from School



- - Road safety, diversions
- - Public transport:
conduct & timings
- - Practice runs during
holidays
- - Respect in the
community
- Safety with mobile phone
- Ear pods.

Transport & Safety

- - Apply early for Zip/Oyster cards
- - Set an emergency password
- - Discuss phone/data safety
- - Check school's mobile phone policy

School Uniform

- - Order early to avoid queues
- - Explore second-hand options
- - Ask about hardship funds
- - Discuss appropriateness & safety



Social Media Awareness

- - Consider a social media contract
 - - Monitor access & usage times
 - - Use CEOP & NSPCC for guidance
 - - Talk about consent & safe relationships
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Bullying

- - Know the school's bullying policy
- - Follow reporting procedures
- - Watch for behaviour changes
- - Keep communication open

School Structure & Support

- - Use the school website & handbook
- - Know key staff (tutor, head of year)
- - Notify school of any changes
- - Encourage extracurricular activities

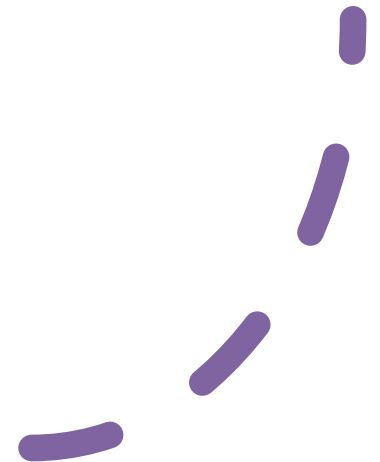


School Expectations

- - Punctuality, attendance, uniform
 - - Stay informed on key school days
 - - Monitor homework & participation
 - - Understand school behaviour policies
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Parenting Through Transition

- - Set clear rules & boundaries
- - Discuss puberty & emotions
- - Watch for warning signs
- - Be cautious with sleepovers



Keeping
Communication
Open

- - Criticise behaviour, not the child
 - - Express your feelings calmly
 - - Be patient & maintain humour
 - - Keep communication open
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Final Tips

- - Stay engaged with school
 - - Don't hesitate to ask for help- there are lots of support around you! All you have to do is ask.
 - - Embrace this growth journey together
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