

TAEKWONDO ENRICHMENT CLUB

Monday's 3.25-4.30pm Starts Monday 14th September

Classes are just £7 per lesson, payable per term, so £84 as there are 12 sessions

The class fills up quickly, so the first people to pay get the places

Taekwondo is perfect for developing Self Esteem, Courtesy, Respect, Discipline and teaching Fitness and Self Defence

Instructor Mr Richard Newcombe is a 3rd Degree Black Belt with over 25 years teaching experience and has taught over 100 Black Belts and many British Champions



He can



be contacted on 07967 128420 text is best

Email richntkd@icloud.com